

## Naloxone Is an Inappropriate Antagonist of Met-Enkephalin-Modulated Superoxide Anion Release

TANJA MAROTTI AND HELENA HABERSTOK

*Institute R. Boskovic, Department of Experimental Biology and Medicine, Bijenicka 54, 41000 Zagreb, Croatia*

Met-enkephalin (MENK) increased superoxide anion release by human polymorphonuclear cells (PMNs) at a physiological ( $10^{-10}$  M) concentration and decreased release at a relatively high ( $10^{-8}$  M) concentration. Surprisingly, naloxone (NAL), used as a specific antagonist in these experiments, displayed immunomodulatory actions of its own, increasing superoxide anion release at  $10^{-10}$  and  $10^{-8}$  M concentrations. Although both were effective, the dose-response curves were different for NAL and MENK. NAL and MENK also had a combined influence on  $O_2^-$  release. The stimulative effect of  $10^{-10}$  M MENK could be abolished by  $10^{-8}$  M NAL in seven of eight cases. Unexpectedly, the stimulatory effect of  $10^{-8}$  and  $10^{-10}$  M NAL could be abrogated by MENK in five of eight cases as well. The fact that NAL and MENK mutually interfere with one another in their effect upon  $O_2^-$  release by human PMNs discredits NAL as an appropriate antagonist in this system. © 1992 Academic Press, Inc.

### INTRODUCTION

Opioid peptides regulate the immune response and alter cellular functions related to microbicidal and cytotoxic activity of phagocytic cells *in vivo* and *in vitro*. For example, Met-enkephalin (MENK) simulated chemotaxis of human monocytes (Vann Epps & Saland, 1984) and enhanced lysis of antibody-coated target cells by rat peritoneal macrophages (Foris, Medgyesi, & Hauck, 1986), but suppressed phagocytosis of IgG2a-coated  $^{51}\text{Cr}$ -labeled sheep red blood cells (Foris, Medgyesi, Gyimesi, & Hauck, 1984). There are studies indicating that naloxone (NAL), as a specific antagonist, can reverse some of the effects of the opioid peptides (Foris et al., 1986; Hucklebridge, Hudspith, Muhamed, Lydyard, & Brostoff, 1989). However, numerous other effects not reversible by NAL have been reported (Plotnikoff, Murgó, Miller, Corder, & Faith, 1985; Murgó, Plotnikoff, & Faith, 1985).

Our previous results (Marotti, Sverko, & Hrsak, 1990) demonstrated that MENK modulates superoxide anion ( $O_2^-$ ) release from unstimulated human polymorphonuclear cells (PMNs). Thus, the present study was undertaken to define: (a) whether NAL exhibits immunomodulatory actions of its own and (b) whether the modulation of superoxide anion release by MENK can be abrogated by NAL.

### MATERIAL AND METHODS

#### *Isolation of Human Neutrophils*

Polymorphonuclear leukocytes from adult healthy subjects were isolated from heparinized blood (10 units/ml of preservative-free heparin) by dextran sedimentation (3% dextran-T-500, Pharmacia, Uppsala, Sweden; 1 ml dextran/ml blood, 45-60 min at room temperature) and centrifugation over Ficoll-Hypaque (Boyum, 1968). Contaminating red blood cells were removed by hypotonic lysis with deionized water. PMNs were suspended in phenol-free Hanks' balanced salt solution

(HBSS). This procedure typically yielded preparations containing more than 95% PMNs.

### *Experimental Design*

Neutrophils were treated with MENK (Sigma, St. Louis, MO) or/and NAL (Sigma) in concentrations ranging from  $10^{-14}$  to  $10^{-7}$  M and  $10^{-12}$  to  $10^{-6}$  M, respectively. A 100 M excess of NAL was added to PMNs 10 min before MENK. Cells were incubated with MENK, NAL, or both for 10 min at room temperature. The agents were removed by centrifugation, and reactivity of the cells was tested by the addition of cytochrome *c* in phenol-free HBSS.

### *Assay for Superoxide Anion ( $O_2^-$ ) Release*

Superoxide release was measured as superoxide dismutase (SOD) (Sigma) inhibitive reduction of ferricytochrome *c* by using a modification of the method of Johnson, Godzik, and Cohn (1978). The samples contained 1 ml of cytochrome *c* (1 mg/ml, Type III; Sigma) in phenol-free HBSS and  $1 \times 10^6$  cells in 100  $\mu$ l of medium. Specificity of the reaction was tested by the addition of 60 IU SOD/ml reaction mixture. After incubation at 37°C in 5%  $CO_2$  for 30 min, the reaction mixture was centrifuged for 5 min at 2000 rpm. Optical density of the supernatant was determined spectrophotometrically at 550 nm. Concentration of reduced cytochrome *c* was calculated by using the formula  $E_{550\text{ nm}} = 2.1 \times 10^4 M^{-1}cm^{-1}$ . Protein content of each tube was determined by the method of Lowry et al. (1951) following lysis of the cells by the addition of 0.1 N NaOH overnight. The tubes contained 100 to 200  $\mu$ g of protein. The results were expressed as nmol  $O_2^-$ /mg protein/30 min.

### *Statistics*

The Kruskal–Wallis nonparametric analysis of variance was used to assess variability between the groups (controls, suppression, stimulation) vs variability within the groups. Differences between the groups were evaluated by the Mann–Whitney *U* test and by linear regression (Spiegel, 1980). The level of significance was set at 5%.

## RESULTS

### *The Effect of MENK upon $O_2^-$ Release by Human PMNs*

Polymorphonuclear cells of 17 healthy donors were incubated with  $10^{-7}$  to  $10^{-14}$  M MENK for 10 min at room temperature (Fig. 1). Suppression or stimulation of  $O_2^-$  release was observed (Fig. 1) at each MENK concentration examined. We therefore divided our results for each MENK concentration into three groups: no effect or less or more  $O_2^-$  release than the respective control value and tested by the Kruskal–Wallis analysis of variance whether the variability among the three groups was greater than the variability within the groups, i.e., whether it was possible to further compare the groups by the Mann–Whitney *U* test. Since only the  $10^{-8}$  and  $10^{-10}$  M MENK concentrations induced stimulation or suppression relative to control values ( $\chi^2 = 6.76$ ,  $p = 0.034$ , and  $\chi^2 = 8.15$ ,  $p = 0.016$ , respectively) they were further examined with the Mann–Whitney *U* test. Of 17 donors tested, MENK at  $10^{-8}$  M concentration significantly ( $p = 0.04$ ) decreased  $O_2^-$  release from PMNs of 8 donors. At  $10^{-10}$  M MENK concentration in

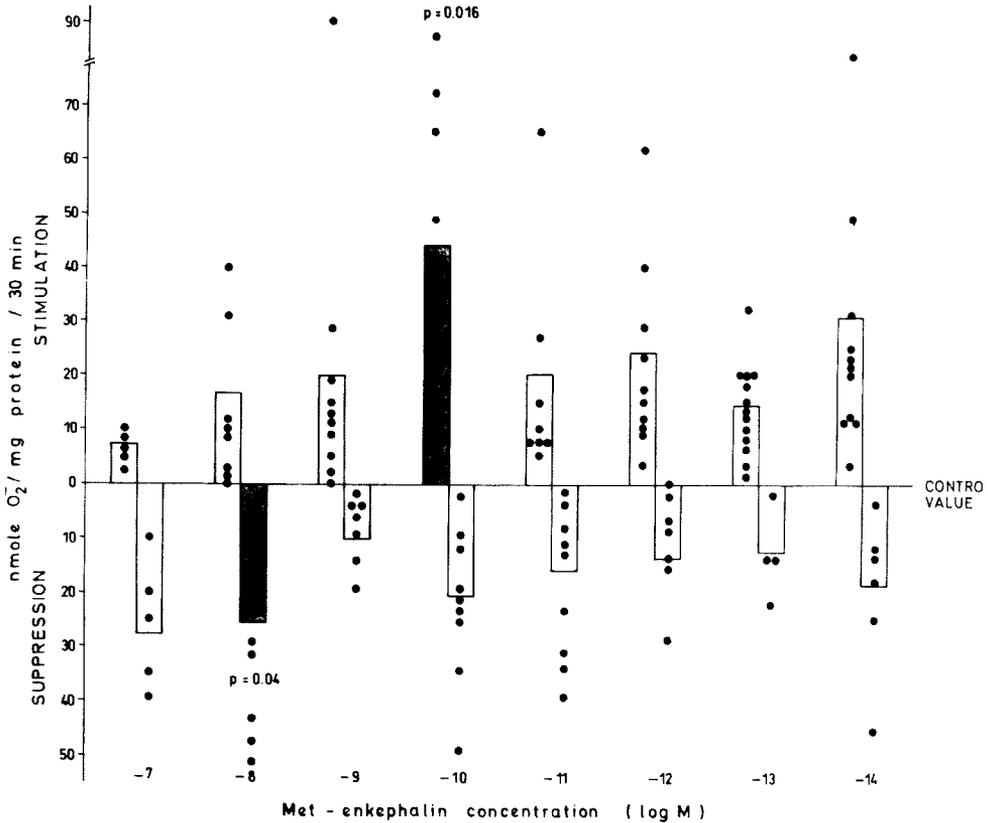


FIG. 1. Effect of Met-enkephalin on  $O_2^-$  release from human polymorphonuclear cells. The value of  $O_2^-$  release from control (untreated) PMNs has been taken as 0. Thus, each point represents magnitude of change above (stimulation) or below (suppression) the donor's baseline value. Each dot represents one donor. The results are expressed as nmol  $O_2^-$  release/mg protein/30 min. Shaded areas represent significant stimulation ( $10^{-10}$  M MENK) or suppression ( $10^{-8}$  M MENK) of  $O_2^-$  release relative to control values.

8 of 17 donors  $O_2^-$  release was significantly increased ( $p = 0.016$ ). Other MENK concentrations induced donor-dependent variations of  $O_2^-$  release without statistical significance.

The results for any given donor, whose PMNs are stimulated at  $10^{-10}$  M MENK, are considerably consistent across other MENK concentrations. That is, of 100% of donors that show increase at  $10^{-10}$  M MENK, 60% of the same donors are stimulated at  $10^{-8}$  and  $10^{-9}$  M MENK, 88% at  $10^{-11}$  M MENK, and 65% at  $10^{-12}$  M MENK. The results were less consistent for any given donor whose PMNs were suppressed at  $10^{-8}$  M MENK. That is, only at the  $10^{-10}$  M MENK concentration did 78% of the same donors show a decrease in  $O_2^-$  release, while at other MENK concentrations only about 35% of the donors showed suppression of superoxide anion release.

*The Effect of NAL upon  $O_2^-$  Release by Human PMNs*

Polymorphonuclear cells of 17 healthy donors were incubated with  $10^{-6}$  to  $10^{-12}$  M NAL for 10 min at room temperature (Fig. 2). Suppression or stimulation

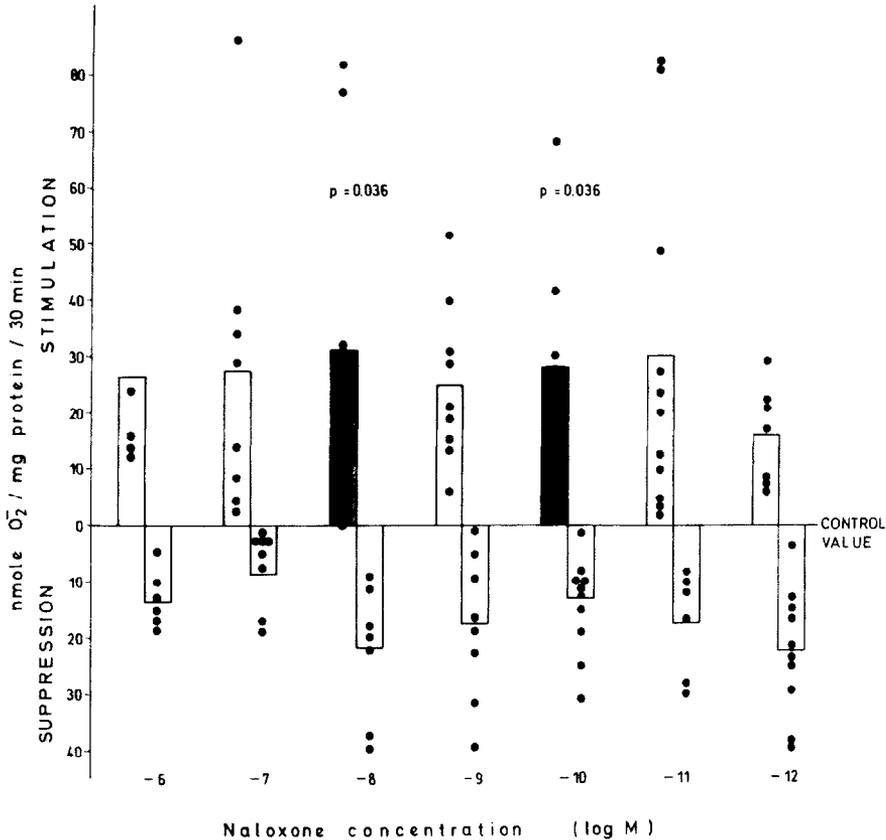


FIG. 2. Effect of naloxone on  $O_2^-$  release from human polymorphonuclear cells. The value of  $O_2^-$  release from (control) untreated human PMNs has been taken as 0. Thus, each point represents the magnitude of change above (stimulation) or below (suppression) the donor's baseline value. Each dot represents one donor. Results are expressed as nmol  $O_2^-$  release/mg protein/30 min. Shaded areas represent significant stimulation ( $10^{-10}$  and  $10^{-8}$  M NAL) of  $O_2^-$  release relative to control values.

of  $O_2^-$  release (Fig. 2) was observed for each NAL concentration examined. The Kruskal-Wallis analysis of variance revealed that at the  $10^{-8}$ ,  $10^{-9}$ , and  $10^{-10}$  M NAL concentrations, donors with suppressed and stimulated  $O_2^-$  release were significantly different from the corresponding control groups ( $\chi^2 = 7.6$ ,  $p = 0.02$ ;  $\chi^2 = 8.1$ ,  $p = 0.017$ ;  $\chi^2 = 9.3$ ,  $p = 0.009$ , respectively). However, significant stimulation of  $O_2^-$  release was obtained from PMNs of 10 of 17 donors at  $10^{-8}$  M NAL and from PMNs of 7 of 17 donors at  $10^{-10}$  M NAL ( $p = 0.036$  for both concentrations). None of the NAL concentrations examined suppressed  $O_2^-$  release to a statistically significant degree.

The results for any given donor whose PMNs were stimulated at  $10^{-8}$  and  $10^{-10}$  M NAL were consistent across other NAL concentrations, the stimulatory effect varying between 83 and 100%.

#### Comparison of MENK and NAL Effect upon $O_2^-$ Release

Our results have shown that, although NAL and MENK are both effective at  $10^{-8}$  and  $10^{-10}$  M concentrations, they did not exhibit the same pharmacological profile (Figs. 3A and 3B). None of the NAL concentrations studied suppressed

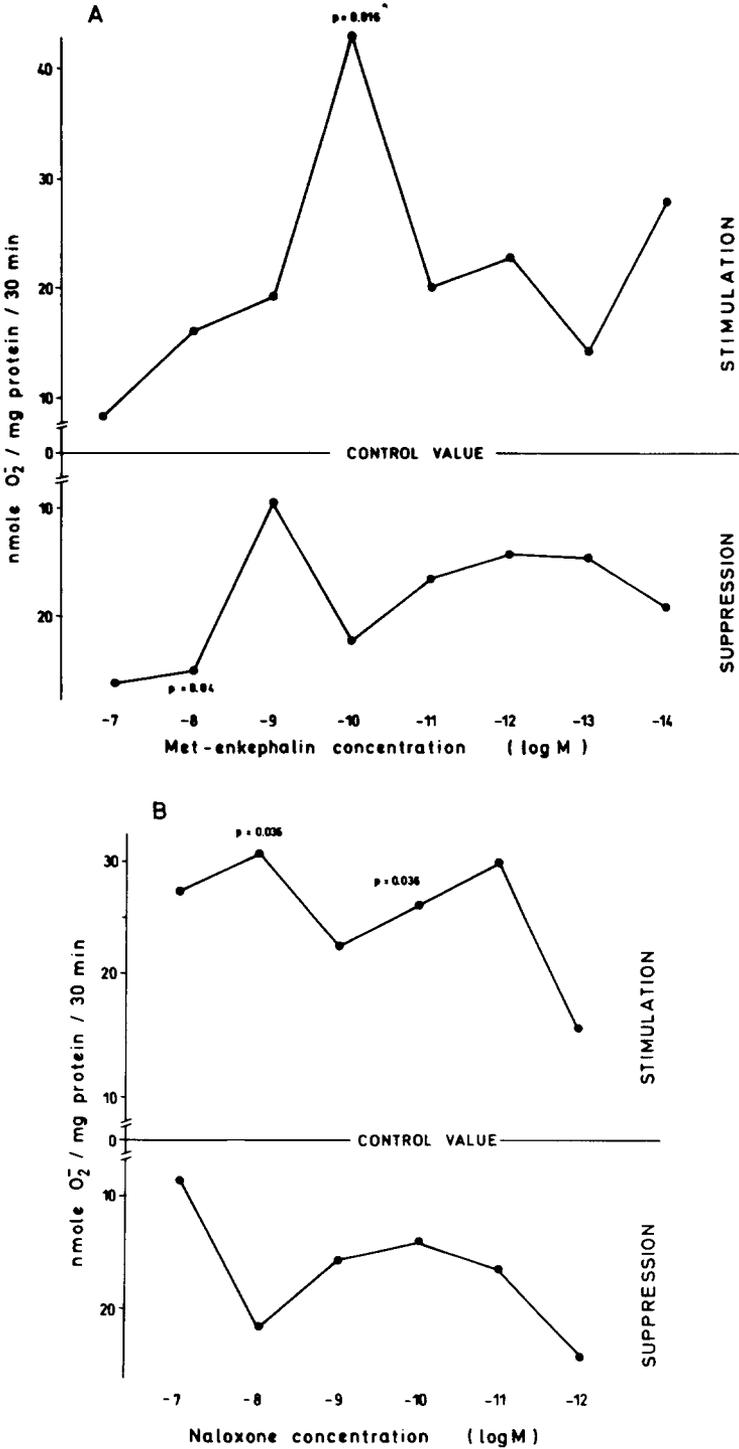


FIG. 3. Comparison of concentration-dependent stimulative or suppressive effect of Met-enkephalin or naloxone. The value of (control) untreated human polymorphonuclear cells has been taken as 0. Each dot represents mean of the magnitude of increased (stimulation) or decreased (suppression) O<sub>2</sub><sup>-</sup> release from PMNs of 17 donors at each concentration of either MENK (A) or NAL (B). Results are expressed as nmol O<sub>2</sub><sup>-</sup>/mg protein/30 min.

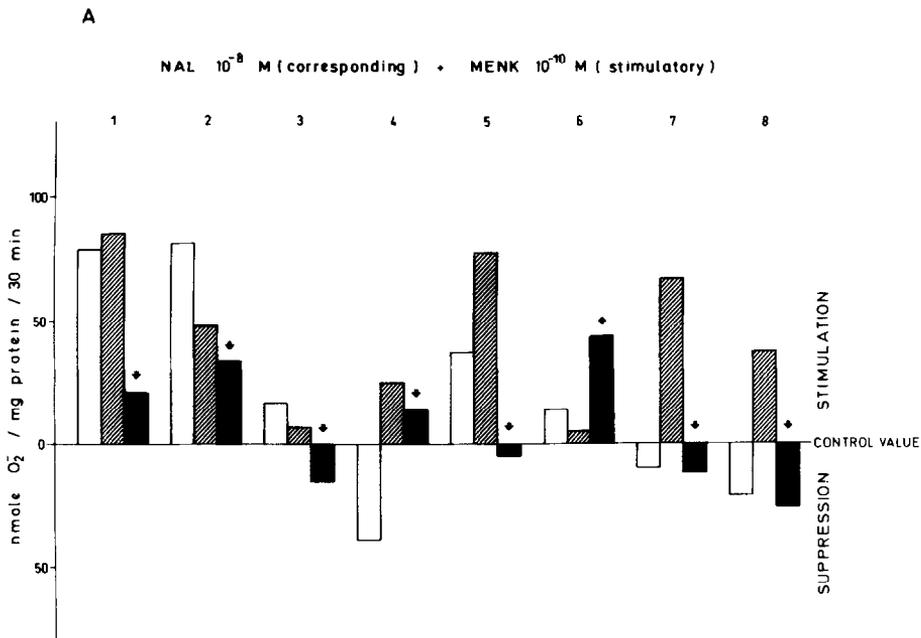


FIG. 4. The effect of combined use of naloxone and Met-enkephalin on  $O_2^-$  release from human polymorphonuclear cells. Each bar represents the magnitude of change in  $O_2^-$  release above (stimulation) or below (suppression) the donors' own baseline value of control, untreated PMNs. Naloxone treated ( $\square$ ), Met-enkephalin treated ( $\boxtimes$ ), 100 M excess of naloxone prior to Met-enkephalin ( $\blacksquare$ ). Arrows indicate the direction of change in  $O_2^-$  release: combined additive effect ( $\uparrow$ ) or combined opposing effect ( $\downarrow$ ), either to Met-enkephalin (A) or to naloxone (B,C). Each number represents one donor.

$O_2^-$  release. There was no dose-response in NAL-induced  $O_2^-$  release ( $r = 0.53$  for  $10^{-7}$  to  $10^{-12}$  M NAL concentrations) and no evident stimulation peak since the amount of  $O_2^-$  release at  $10^{-8}$  and  $10^{-10}$  M NAL was not statistically different (Fig. 3B). On the contrary, the concentration curve for MENK was bell-shaped, showing a bidirectional effect with one suppressive peak at  $10^{-8}$  M and one stimulative peak at  $10^{-10}$  M MENK concentration (Fig. 3A).

#### The Effect of Combined Use of NAL and MENK upon $O_2^-$ Release

In order to investigate whether the combined use of NAL and MENK results in opposing effects in relation to NAL or MENK treatment alone, PMNs were treated with a 100 M excess of NAL 10 min prior to MENK treatment. Results are shown in Figs. 4A-4C. In 8 of 17 donors whose PMNs incubated with  $10^{-10}$  M MENK released increased amounts of  $O_2^-$  (control versus MENK,  $p = 0.01$ ) naloxone alone at  $10^{-8}$  M concentration was not effective (control versus NAL,  $p = 0.26$ ). However, in the same 8 people, combined treatment of cells with  $10^{-8}$  M NAL and  $10^{-10}$  M MENK abrogated the stimulative effect of MENK in 7 of 8 of them (control versus NAL + MENK,  $p = 0.6$ ). Only donor 6 released more  $O_2^-$  after combined treatment than with MENK or NAL alone (Fig. 4A). In 8 of 17 donors whose PMNs incubated with  $10^{-8}$  M NAL released increased amounts of  $O_2^-$  (control versus NAL,  $p = 0.036$ ) treatment with  $10^{-10}$  M MENK was not effective (control versus MENK,  $p = 0.5$ ). However, combined treatment re-

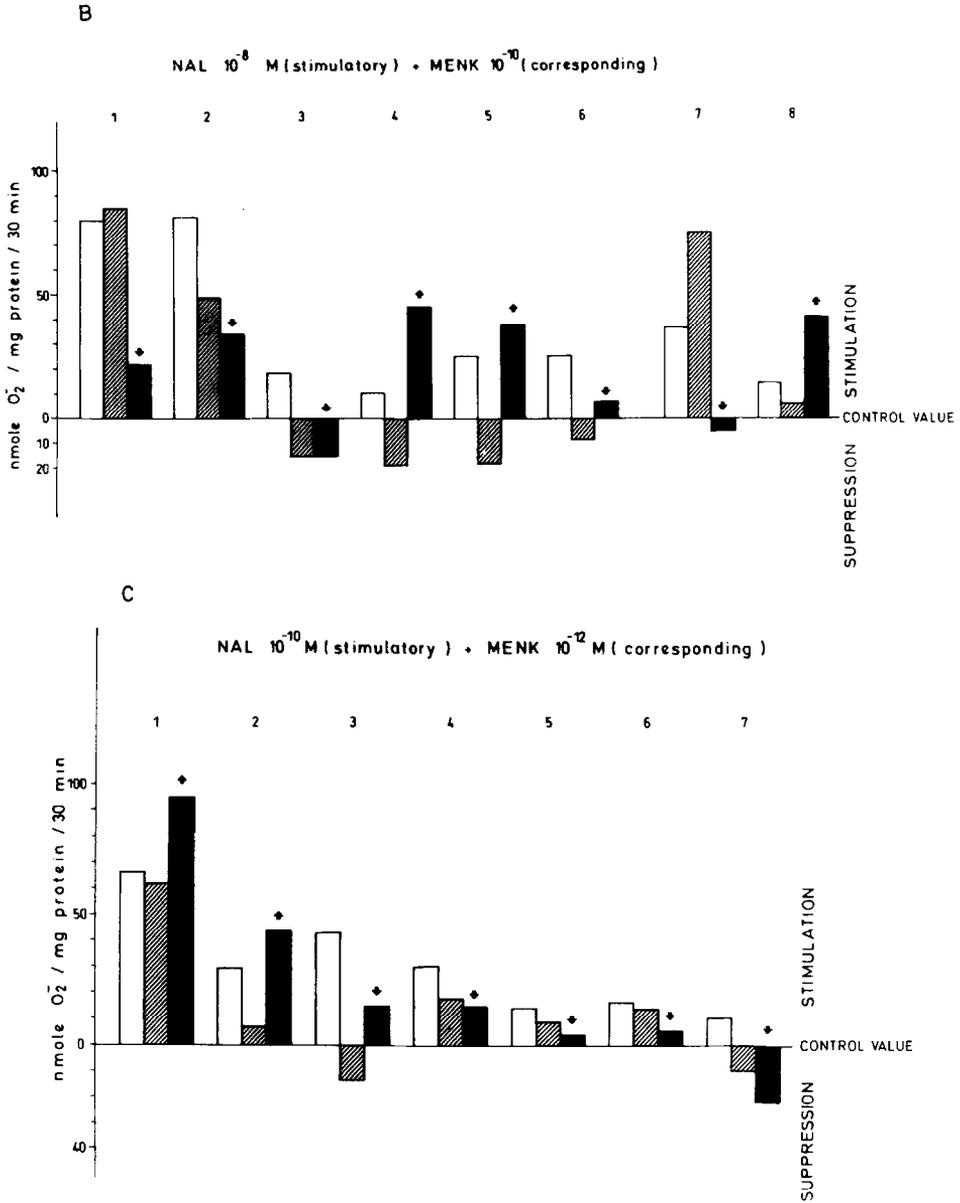


FIG. 4.—Continued

duced the stimulatory effect of NAL in 5 donors and additionally stimulated  $O_2^-$  release in 3 donors (Fig. 4B). There was no statistical difference between the values of  $O_2^-$  release from control nontreated PMNs and values of  $O_2^-$  released from PMNs treated with  $10^{-8}$  M NAL and  $10^{-10}$  M MENK (control versus NAL + MENK,  $p = 0.4$ ). This was also the case in PMNs of 7 of 17 donors whose  $O_2^-$  release was stimulated by  $10^{-10}$  M NAL (control versus NAL,  $p = 0.036$ ) in which  $10^{-12}$  M MENK had no effect (control versus MENK,  $p = 0.8$ ) (Fig. 4C). That is, combined treatment of cells with  $10^{-10}$  M NAL and  $10^{-12}$  M MENK abolished the stimulative effect of NAL in 5 donors and further stimulated  $O_2^-$  release in 2 donors.

## DISCUSSION

The present work confirms the results of our previous study (Marotti et al., 1990) of MENK-modulated superoxide anion release by human PMNs. Namely, in 8 of 17 donors tested,  $O_2^-$  release was decreased at  $10^{-8}$  M and increased at  $10^{-10}$  M MENK concentration. Those results substantiate previous investigations indicating the "donor-dependent effect" mediated by opioid peptides (Oleson & Johnson, 1988; Brummitt, Sharp, Gekker, Keane, & Peterson, 1988).

However, significant stimulation of  $O_2^-$  was obtained with  $10^{-8}$  and  $10^{-10}$  M NAL alone (in 10 of 17 or 7 of 17 donors, respectively). These data conform to other literature indicating that NAL displays an immunomodulatory action of its own. For example, immunoregulation by NAL and a  $\delta$ -specific antagonist, ICI 174 864, was noted in natural killer (NK) lysis (Oleson & Johnson, 1988) and in the generation of cytotoxic T cells (Carr & Klimpel, 1986). Rowland et al. (1987) demonstrated that NAL, alone, added to cultures of mouse splenocytes primed with sheep erythrocytes was able to increase the plague-forming cells (PFC) response. NAL at  $10^{-5}$  to  $10^{-7}$  M stimulates nervous tissue growth in culture and further enhances the responses to Leu-enkephalin (Ilyinsky et al., 1987). Heijnen, Bevers, Kaavelaars, and Balieux (1986) showed that NAL added to cultures of human lymphocytes had an agonistic effect on the PFC response. Our results (Marotti & Batinic, 1990) are in agreement with those mentioned, since NAL alone at  $10^{-4}$  to  $10^{-6}$  M almost completely blocked the antibody response of human lymphocytes *in vitro*. Jankovic and Maric (1988) pointed out that NAL and ICI 174 864 when used alone suppressed humoral immune reactions in sheep erythrocyte-primed mice.

NAL might act at the opiate receptor level or through a nonopioid receptor mechanism. In human polymorphonuclear cells, specific binding of opiate antagonist [ $^3$ H]-naloxone was demonstrated (Falke, Fischer, & Martin, 1985). Madden, Donahoe, Zwemer-Collins, Shafer, and Falek (1987) showed significant individual variations in NAL binding to human T lymphocytes, the number of molecules of NAL bound per lymphocyte being  $9560 \pm 5230$ . This might at least partly explain individual variations of NAL effects in the population examined in our study.

Opposing the opioid receptor-bound effect of NAL, Simpkins, Ives, Tate, and Johnson (1985) suggested that NAL does not act at an opiate receptor since the active as well as the inactive stereoisomer of  $10^{-5}$  to  $10^{-7}$  M NAL inhibited  $O_2^-$  release from human neutrophils. The authors claim that  $10^{-8}$  M NAL showed no effect on  $O_2^-$  release but did not present the data. The nonopioid receptor-mediated effect of NAL might be the result of alteration of membrane characteristics. Curtis and Lefer (1980) showed that NAL decreased enzyme release from liver large-granule fractions as a result of stabilization of lysosomal membranes. Moreover, Carratu and Mitolo-Chieppa (1982) reported that NAL inhibited  $Na^+$  and  $K^+$  currents.

The possibility of NAL acting through a nonopioid receptor mechanism seems to emerge from our study too, since, although both are effective, NAL and MENK exhibit different pharmacological profiles. MENK showed a characteristic bell-shaped dose-response curve, suggesting the presence of multiple receptors which mediate opposing biological effect; in contrast, no dose-response relationship could be demonstrated with NAL.

Since many studies have used antagonism by naloxone as a criterion of an

opioid receptor-mediated effect, we have examined the effect of the combined use of NAL and MENK on superoxide anion release by human PMNs. According to the literature, NAL seems to block the modulating effect of opioid peptides on some, but not all, immune reactions. Thus, NAL abrogated the MENK-stimulated proliferation of human lymphocytes *in vitro* (Hucklebridge et al., 1989). MENK-enhanced lysis of antibody-coated target cells by macrophages (Foris et al., 1986), and MENK-stimulated chemotaxis of human peripheral blood cells (VanEpps & Saland 1984).  $\beta$ -Endorphin-stimulated production of  $O_2^-$  in human polymorphonuclear cells was markedly reduced by naloxone (Sharp et al., 1985). In contrast, NAL, at the concentration of  $10^{-7}$  M, failed to block the effect of MENK on the PFC response of mouse spleen cells primed with sheep erythrocytes (Rowland et al., 1987). NAL was unable to eliminate a significant neural tissue growth-promoting effect of MENK (Ilyinsky et al., 1987). Some other effects, not reversible by naloxone, have been reported by Plotnikoff, Murgu, Corder, and Faith (1985) and Murgu, Plotnikoff, and Faith (1985). Our study revealed some interesting results obtained by the combined use of NAL and MENK. In 8 of 17 donors whose PMNs incubated with  $10^{-10}$  M MENK released increased amounts of  $O_2^-$  and  $10^{-8}$  M NAL alone was not effective, combined treatment blocked the stimulative effect of MENK in 7 of these donors. Unexpectedly, in 8 of 17 donors whose PMNs incubated with ( $10^{-8}$  or  $10^{-10}$  M) NAL released increased amounts of  $O_2^-$  and ( $10^{-10}$  or  $10^{-12}$  M, respectively) MENK was not effective, combined treatment blocked the stimulative effect in 5 donors and additionally stimulated  $O_2^-$  release in 3 donors.

It seems, therefore, that besides being effective alone, NAL and MENK, combined, can either block each other or, to a lesser degree, invigorate each others' stimulatory effect. NAL seems to be able to block the effect of MENK and vice versa because, although low concentrations of NAL show very strong affinity for the  $\mu$ -receptor, higher concentrations will also block the  $\delta$ -receptor. However, its selectivity for  $\delta$  as opposed to  $\mu$  binding sites is approximately 10-fold lower (Holaday, 1983). MENK, however, possesses highest affinity for the  $\delta$ -receptor, but, according to Peterson, Robson, and Kosterlitz (1983), also possesses a considerable cross-reactivity to the  $\mu$ -receptor. Madden et al. (1987) demonstrated that NAL specifically bound to human T lymphocytes was partially displaceable by various opiate agonists including morphine (56%),  $\beta$ -endorphin (61%), and Met- and Leu-enkephalin (40%). NAL also inhibited 65–78% of  $^3H$ -SUPERFIT (selective  $\delta$ -class opioid receptor ligand) binding to human peripheral blood mononuclear cells (Carr et al., 1988). Investigation of  $\mu$ - and  $\delta$ -class opioid receptors indicates that their binding sites may be functionally and physically associated (Schoffelmeer, Rice, & Heijnam, 1988), probably in the membrane-bound form (Carr et al., 1990). Thus,  $\delta$  binding sites (preferential for enkephalins) and  $\mu$  binding sites (preferential for naloxone) seem to be in close enough proximity to modulate the ligand binding capabilities of one another. NAL may replace receptor-bound endogenous opioids; alternatively, it may upregulate the binding sites and thus increase sensitivity to opioid peptides because, as shown recently by Vindrola, Padros, Sterin-Prync, Finkielman, and Nahmod (1990), human polymorphonuclear cells contain and release proenkephalin-derived peptides.

Thus, our study clearly demonstrated NAL agonistic and antagonistic effects upon superoxide anion release by human polymorphonuclear cells. Whether the effect is opioid receptor-mediated or is a nonopioid phenomenon needs further

examination, especially since it is known that a ligand selective for a particular type of receptor in a binding assay does not necessarily work the same way in a pharmacologic assay and that pharmacological selectivity of an agonist can differ in various tissues.

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